

**Our Vision:**

**We share, we learn, we grow, we care.**



**Our Values:**

- Supporting all learners to reach their full potential.
- Preparing for lifelong learning
- Including everyone in all we do
- Trusting and being trusted
- Teaching a curriculum for the 21<sup>st</sup> century
- Aiming high to achieve success
- Learning to live, living to learn

**Summer Trip**

This year's whole school summer trip has been booked for **Blair Drummond Safari park, near Stirling** for **Thursday 4<sup>th</sup> June 2015.** Details about this trip will be sent out over the coming weeks.



**Scottish Weather Alert**

The skies may be blue and the sun may be out but it is still cold. Please ensure your child comes to school with a jacket



**School Sports - Thursday 11<sup>th</sup> June** 9.30 - 11.30 approx.

This year's Sports Day will be a "Potted Sports" event. This will take place in our school grounds. The children will be divided into teams of mixed age groups and will have the opportunity to participate in a variety of fun and sporting events. During the morning each team will also have the opportunity to have a juice break and a rest break. There may even be a refreshing treat for all the children at the end of the event!! Although this is a fun event, scores will be kept and there will be prizes for the winning team.

Parents are more than welcome to come along cheer the teams on.



**How does drinking water improve learning?**

- The key to boosting the capacity to learn is to keep hydrated throughout the day
- When we are thirsty, mental performance deteriorates by 10%
- Pupils concentrate better because they are not distracted by the symptoms of dehydration such as thirst, tiredness and irritability
- Can aid behaviour management by helping to settle pupils in the classroom



*Children will achieve more when both their health and learning needs are met. Ensuring access to water at all times and promoting a regular water intake is a vital role for schools in promoting health and providing a healthy learning environment.*

We would like to encourage children to drink water regularly throughout the day and are thinking of the best way to do this. We value your opinion on this. Please take a few minutes to answer the following questions and return this tear off slip to school as soon as possible.

Thanks

- 
1. Would you be prepared to pay £1 to buy a school water bottle for your child? Yes/ No
  2. Would you be willing to send your child to school every morning with a refilled water bottle? Yes /No
  3. Would you support the school in not allowing fizzy and sugary drinks in school? Yes/No

Any Comments: \_\_\_\_\_

\_\_\_\_\_

My child is in P1 P2 P3 P4 P5 P6 P7 please circle.